

Checklist of the Evacuation Kit

【English version】

Please prepare the necessary items according to the need of yourself and your family

First Aid ▪ Toiletries

	First aid kit (Bandages, alcohol pads and etc.)
	Medicine
	Disposable masks
	Toilet paper
	Wet tissue
	Simple toilet for emergency use
	Alcohol hand sanitizer

Valuables ▪ Identification

	A small amount of cash (10-yen coins, 100-yen coins)
	Identification documents (e.g. Driving license, Passport, Residence Card) *
	Health Insurance Card *
	Bank book, Bank account number *
	Personal seal
	Spare keys for house and car

Disaster supplies

	Helmet
	Work gloves
	Torch, flashlight
	Spare batteries
	Whistle
	Rope

Information gathering

	Mobile phone with charger
	Portable radio
	Writing utensils
	Spare batteries
	Contacts of families or relatives for emergency
	Map of Evacuation Areas

Food ▪ Drinking water

	Drinking water (around 2 - 3 liter per person per day)
	Emergency food (canned food, instant food)

Clothing

	Changing clothes
	Underwear
	Socks
	Towels
	Rain gear (e.g. Raincoat)
	Blanket

Convenience goods

	Army knife
	Lighter or matches
	Plastic bags
	Emergency aluminum thermal sheet
	Disposable body warmer

Other items (according to the needs of yourself and your family)

	Sanitary items
	Glasses or contact lens
	Disposable diapers
	Powered milk, baby food and etc.
	Necessities of daily life ()
	Pet supplies

Remarks :

* 1 . Make a copy of each identification documents and keep it in the evacuation kit.

* 2 . Always carry your identification documents and ensure you can take out the valuables (e.g. Passport, Bank book) immediately during evacuation.